

GLUTEN FREE MENU



APPETIZERS

Sauteed P.E.I. Mussels 13

Sauteed P.E.I. Mussels In a classic white wine garlic herb butter

Fish Chowder

Cup 6 | Bowl 8

Loaded with potatoes and fresh haddock

RAW BAR

Oysters on the Half Shell* 16

Bought locally and fresh 6 per order

Cherrystones* 14

Hand dug, first day 6 per order

Shrimp Cocktail* 14

4 colossal shrimp per order

Presentation* 32

A combination platter of all of the above

SALADS

Gluten Free Dressings: Italian, Balsamic, Ranch, Caesar, Fat-Free Raspberry, Parmesan Peppercorn, Citrus

Garden 9/6

Crisp romaine and garden fresh vegetables with choice of dressing

Caesar 10/7

Crisp romaine and shaved parmesan

Caprese 10/7

Vine ripe tomatoes, fresh buffalo mozzarella, EVOO and a balsamic reduction

Pistachio 10/7

Citrus dressed mixed greens, sliced pear and roasted pistachios

Wedge 10/7

A refreshing salad of iceberg lettuce, our homemade blue cheese dressing, red onion, grape tomatoes, blue cheese crumbles and crispy bacon

Add to any salad: Grilled chicken, or shrimp Add 6

Fresh grilled fish Add 10 Lobster salad Add 13

MICHAEL'S HOUSE FAVORITES

Gluten Free Starch Options (GF starch) 3

Mashed Potatoes or Baked Potato

*****All our fries and onion rings contain gluten*****

Classic Baked Haddock 19

A timeless New England Tradition. Served without crumb topping, with GF starch & vegetable

Lazy Man Lobster Pie 21

Tender lobster baked in a creamy mascarpone cheese sauce, served with GF starch & vegetable

Grilled Sirloin Tips* 19

Our famous homespun marinade, with **GF** starch & vegetable

Harborside Land & Sea 21

Sirloin tips, with a Selection from the Fried & True Seafood that we will be happy to broil for you, served with **GF** starch & vegetable

Jumbo Shrimp & Sea Scallops 21

Seasoned and perfectly grilled, drizzled with our fiery lobster aioli

New England Lobsters

1.25-1.5 lb. Lobster \$30

2-2.25 lb. Lobster \$44

1.25-1.5 lb. Twin Lobsters \$57

Steamed and served with your choice of sides



GF means the dish can be prepared gluten free.

* Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have a medical condition. Before placing your order, please inform your server if a person in your party has a food allergy.